

## Clarian Telemedicine Welcomes Jennifer Baron!



Jennifer Baron joined Clarian Telemedicine in May as Director. Greg Beck has left Clarian to pursue consulting. Greg stated, "It has been a pleasure building this program with ALL of you, and really being one of the first, if not the first, real telemedicine program in our state. We have set the precedent and are a big reason for the upcoming changes in state policy. I plan to stay actively involved in this growing industry and hope that our paths may cross again. Please stay in touch, my new email will be beckncall@indy.rr.com."

Jennifer is a graduate of Ball State University where she received a BS in Telecommunications. She has been at Clarian Health Partners since 1993 working in areas that include IMACS, Service Excellence and Physician Services. "I am excited to become part of a program with such a strong foundation and tremendous growth potential in the state of Indiana and at Clarian Health Partners. I look forward to meeting and working with everyone involved to continue to develop and promote a Telemedicine program that adds value to the lives of the patients and health care providers in the communities we serve."

## Clarian Home Care Deploys Tele-monitoring!

On April 6<sup>th</sup> Clarian Home Care installed its first monitoring unit in a patient's home. Tele-monitoring is a form of telemedicine that allows a nurse to monitor a patient in the patient's home. Clarian Home Care is monitoring pts with CHF, COPD and Diabetes. These units can take a patient's blood pressure, weight, glucose, pulse oxygen, and ask the patient questions. The nurse can choose from 51 questions to customize the monitoring for each patient. Patients schedule a time for the unit to take their vitals and to answer the questions. This information is monitored 7 days a week by Clarian nurses via a central computer station. Parameters individualized for each patient are entered into the system as a baseline when the unit is installed in the patient's home. If a patient's vitals fall outside of the established parameters or the patient answers a question in a certain way, the monitoring nurse will receive a red alert. The nurse will then call the patient at home. Patient information can also be compiled into a report that is faxed to the physician.

Home care telemonitoring technology allows nurses to spot a problem with a patient before their condition worsens. Previously, the patient's condition often would worsen requiring a hospitalization. Home care monitoring improves patient quality while reducing costly hospitalizations. Patients enjoy the comfort of knowing someone is monitoring them and take greater accountability for their health care. All Clarian Home Care patients have 100% compliant with the monitoring system.



Home Care Nurse Linda monitors patients at her computer.

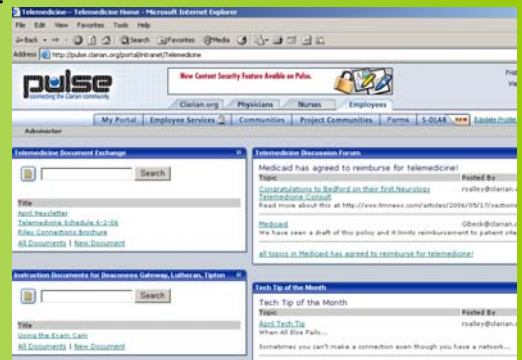
*To learn more about  
Clarian Home Care  
please call*

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## Pulse Community Connects Telemedicine Nurses

The telemedicine web community allows telemedicine nurses at our spoke sites to access resources on the web. Telemedicine nurses present the patient at the distant hospital, and often do not have access to educational materials here in Indianapolis. The web community allows us to post all of our dermatology education for parents online, for example. This community also contains our telemedicine schedule for the month and forum for nurses to post comments. Special thanks to the Clarian Web Team for getting us started.



## There's a First Time for Everything Congratulations to...

Bedford Regional Medical Center on their first tele-neurology consult. Dr. Bruno performed this consult at his office at Methodist Hospital.

Lutheran Hospital in Ft. Wayne for performing their first tele-urology clinic. Riley Nurse Practitioner Shelly King, added Lutheran to her existing tele-urology service.

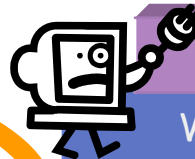
### Counting the Consults

We have facilitated 825 cases and 318 live and interactive consults

### Telemedicine Making a Difference

"All the staff was very nice and friendly."

*Deaconess Hospital Mom*



### Tech Tip of the Month

#### Wiggle the Cables...

By. David Boyer

Sometimes a loose cable may be the only obstacle between you and an excellent video conference. If you're having trouble seeing or hearing, and haven't checked your cables, give them a wiggle. This will often fix the problem. These cables connect your codec (Polycom or Tandberg) to the TV.

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